



Mountaintop Area Little League

Return to Play Plan

7/7/2020

Mountaintop Area Little League
375 Aberdeen RD
Mountaintop PA
18707

Overview

This plan is designed to create a safe environment for players, coaches, umpires, volunteers, and members of their household or immediate family while they are participating in youth baseball and softball activities at the Mountaintop Area Little League Complex

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Universal Guidelines

All persons using Mountaintop Area Little League Complex (coach, player, volunteer, umpire, spectator, employee) must abide by these universal guidelines while at the facilities.

- If you or a member of your household are sick, please stay home.
- If you or a member of your household becomes sick or begins experiencing symptoms of COVID-19, notify Mountaintop Area Little League.
- **Anyone who travels to any other the areas listed by the PA Dept of Health as recommend for 14-day quarantine **must** refrain from attending any Mountaintop Area Little League events. Below is the link to the list provided by the Pa Dept of Health (7/7/2020 Update)**
<https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers.aspx>
- Everyone will be required to sanitize their hands every time they enter the dugout/bleacher areas
- Practice social distancing (minimum of 6 feet distance) when outside at all times when not around your immediate family or other household members. When not able to socially distance, wear a well-secured paper or mask
- When inside, wear PPE.
- Frequently wash your hands for a minimum of 20 seconds or use hand sanitizer, especially after touching surfaces (doorknobs, light switches, gate latches, handles, etc.)
- No spitting, eating of sunflower seeds, or chewing of gum on the premises.
- Any question with this plan can be address to any Members of the League's Board or Directors.
- League President and Safety Officer Justin Krommes 570-262-4032

Volunteer Guidelines

Coaches, managers, and other volunteers follow these guidelines.

- Volunteer in the dugout and who are 6ft from other people must wear a mask. (7/7/20 update)
- Disinfect multi-used items (bats, helmets) if players do not have their own.
- Minimize number of coaches and assistants for games/practices.
- Clean/disinfect team equipment.
- Clean/disinfect high touch surfaces before and after games/practices.
- Volunteers will be required to sanitize their hands every time they enter the dugout/bleacher areas

Player Guidelines

Players are to follow these guidelines at all times.

- When not in the field, they must wear PPE if not able to keep social distancing.
 - Mask must be worn if the player is within 6ft of other players, and or volunteers while not participating in active play. (7/7/2020 Update)
- Parents for young player will be used to assist with practicing social distancing while on the field.
- When in the field of play, wearing PPE is optional.
- Players will be required to sanitize their hand every time they enter the dugout/ bleacher areas
- Use or touch only their own equipment.
 - If they do not have their own equipment, use team's which will be cleaned between uses.
- Bring their own beverage and do not share.
- Follow dugout guidelines.

Umpire Guidelines

Umpires are to follow these guidelines at all times.

- Wear PPE if unable to keep social distancing.
- Umpires will be required to wear a mask if at anytime they take the standard position behind the catch to call the game.
- Umpires who take the position behind the mound and remain 6ft from players will not be required to wear a mask. (7/7/20 Update)
- Plate umpire will be calling from behind the pitcher's mound on the grass.
- Umpires will be required to sanitize their hand every time they enter the dugout/bleacher areas
- Umpires will not handle baseballs.
 - Pass balls, foul balls will be retrieved by players.
- Pre-game player's equipment check is visual only.

Game Guidelines

Pregame, in-game, and post-game guidelines to be followed at all times..

- Show up maximum of 30 minutes before game time.
- Game field must be exited completely and cleaned by previous teams before new teams enter the field and dugouts.
- 15 minute maximum pre-game warm-ups for each team.
- No pre-game meeting at the plate with umpires and coaches.
- New baseball/softball every 2 innings.
- Between inning warm-ups must use the defensive team ball.
- Foul balls will be retrieved by players only, not spectators, not coaches, not umpires.
 - If touched by another, the ball will be disinfected before being reintroduced.
- No physical contact celebrations between players (i.e. high fives, fist bumps, etc).
 - End of game - line-up out front of dugouts and tip hats in good sportsmanship.
 - All high touch surfaces must be sanitized before any other team is permitted on the field or in the dugout. Clean and disinfect common contact points of field.

- Dugouts, fences, gate latches, benches, bleachers, etc.
- Must leave premises no later than 20 minutes after the end of the game.

Family Member Guidelines

Household and immediate family members are to follow these guidelines at all times.

- Household or immediate family only (parents, guardians, brothers, sisters).
- Bring their own seats and sit in approved areas, or in their cars.
- **Approved areas are beyond the bleacher and where ad boards are not hung. This allows everyone maintain proper social distancing.**
- Do not retrieve foulballs.

Equipment Guidelines

Guide to equipment use at all times.

- Players are not to share their equipment.
- Players who need equipment, will use team's equipment.
 - If team equipment is used, it must be disinfected after each use.
- Equipment bags are to be placed outside of dugout separated from each other.
- Players must bring their own beverages.
- New baseball/softball must be used every 2innings.
- Warm-up baseballs between innings must be thesame.

Dugout Guidelines

Guide to dugout use at all times.

- Only 1 coach inside the dugout at a time.
- Only 3 players inside the dugout at a time.
- Remainder of the team is separated on the bleachers outside the dugout, along the fence in assigned places or with their families .
- Must be cleaned and disinfected after each game/practice using EPA approved household disinfectant or a solution of diluted household bleach..

Concession Stand Guidelines

Guide to the concession stand at all times.

- **Currently closed.**
 - If the Concession Stand is open the following direction will be followed
- Patrons will be spaced 6 feet apart with clear markings for their standing in line to order at the 1st window and for pick-up at the 2nd window.
- Only Drinks, Candy, or Pre Packaged items will be sold
- All concession stand workers will wear PPE.
- Only one concession stand volunteer will handle money and that person will not handle any food, or drink products

Concession Stand Clean-up:

- Worker will refill any used products.
- Workers will wipe down equipment.
- Workers will sweep the floors.
- Workers will disinfect common touch areas.
- Garbage will be thrown out in waste bin.

Restroom Guidelines

Guide to restroom use at all times.

- **1 occupant at a time per bathroom. (7/7/2020 Update)**
- Wash hands before exiting.
- Restrooms will be cleaned and disinfected each day.